Physical Activity & Public Health
A Practitioner’s Course on Community Interventions
September 17-23, 2009

Course Goal & Objectives

GOAL

The goal of the Practitioner’s Course is to enhance the public’s health by developing the nation’s capacity for implementing community-based interventions to increase physical activity.

COURSE OBJECTIVES

By the end of this course, the participant will be able to describe and carry out a basic framework to:

- Make use of public health data and scientific information as a tool in developing and prioritizing community-based interventions
- Develop and implement community partnerships
- Develop and implement individual behavioral interventions and community policy/environmental interventions to promote physical activity
- Understand the key components in a sound approach to evaluation